



BEREAVEMENT & GRIEF



PRE-BEREAVEMENT

- Establishing relationships with patient's family.
- Developing bereavement goals and interventions based on the family's needs.

GRIEF

- Grief is a response to an experienced loss. This response is felt in the death of a loved one.
- In simple words, grief can manifest itself as constant thoughts about the loved one, hostility, guilt, physical problems, and even behavioral changes.
- Grieving is a natural psychological process.
- There are no absolute (set) time periods for grieving. Likewise, there are no written guidelines or directions for overcoming grief.

BEREAVEMENT

- The period of grief and mourning experienced after a loss.
- The bereavement period may differ, depending on the degree of attachment that the bereaved had to the deceased, and the length of time that he or she spent anticipating the loss.





NIGHTINGALE HOSPICE BEREAVEMENT PROGRAM

Soon after the passing of your loved one a Nightingale Support Staff person will contact you, by phone, to offer a listening ear, or to set up a visit time.

The bereaved are offered a more than a year long Program of Support Services.

Wake and Funeral

Our staff is available to offer services at the wake or funeral of your loved at your request.

Bereavement Correspondence

Phone calls are made, newsletter and personalized cards and letters are sent, which contain helpful information about grief and how to cope with bereavement. These letters are mailed at 'milestone' time intervals during the bereavement period.

Nightingale Support Services

Our staff makes unscheduled 'wellness check' calls and will also make additional visits.

Phone support is available 24x7.

Memorial Services

Our staff is available to assist you in planning your loved one's memorial service, as well as attend it with you, if you wish.

Grief Support

Nightingale Support Services is available to offer continual grief support for individuals, family members and friends.

