



# Home Cardiac Rehab

Do you suffer from a cardiac condition that is limiting your independence in household mobility? Such as,

1. A recent heart attack
2. A heart condition—coronary artery disease (CAD), angina or heart failure
3. A heart procedure or surgery, including coronary artery bypass graft (CABG)
4. Percutaneous coronary intervention (PCI), including coronary angioplasty (balloon angioplasty) and stenting, valve replacement, a pacemaker or implantable cardioverter defibrillator (ICD)

If you answered yes to any of the above impairments, please call **Nightingale at 866-334-7777**. We will be happy to discuss enrollment in Nightingale's Home Cardiac Rehab program.

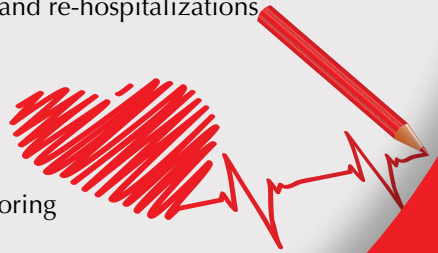


## *Nightingale's Home Cardiac Rehab program:*

- Participation in our program will help your heart become stronger and work better
- Reduces the recurrence of future heart problems, including a heart attack
- Our trained dieticians will provide education so you can eat right, lose weight, and lower your blood pressure and cholesterol levels
- Our nurses will provide a comprehensive medication review
- Participation can reduce emergent care and re-hospitalizations
- It will improve your activity level!

## *Our services include:*

- Telemonitoring through HomeMed Monitoring
- A comprehensive home safety evaluation
- A medication review for adherence and interaction
- A comprehensive cardiac assessment with mobility
- An individualized cardiac exercise program, per your physician's direction



**The Nightingale Home Healthcare *Home Cardiac Rehab* program provides state-of-the-art vital signs monitoring through our HomeMed Monitoring System. Additionally, our highly skilled nurses and therapists will assist you in returning to safe and independent home activities.**

**(866) 334-7777**

**Fax: (866) 878-0094**

**[www.HomeCareForYou.com](http://www.HomeCareForYou.com)**



***Proudly Serving from Coast to Coast***



Parent Company:



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If you answered yes to any of the above impairments, please call **Aspire at 866-634-7774**. We will be happy to discuss enrollment in Aspire's Home Cardiac Rehab program.

[www.HomeCareForYou.com](http://www.HomeCareForYou.com)



Parent Company:

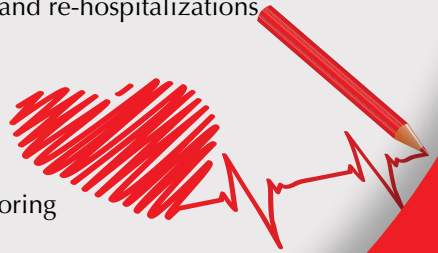


## *Aspire's Home Cardiac Rehab program:*

- Participation in our program will help your heart become stronger and work better
- Reduces the recurrence of future heart problems, including a heart attack
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- Our nurses will provide a comprehensive medication review
- Participation can reduce emergent care and re-hospitalizations
- It will improve your activity level!

## *Our services include:*

- Telemonitoring through HomeMed Monitoring
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- A medication review for adherence and interaction
- A comprehensive cardiac assessment with mobility
- An individualized cardiac exercise program, per your physician's direction



**The Aspire Home Healthcare *Home Cardiac Rehab* program provides state-of-the-art vital signs monitoring through our HomeMed Monitoring System. Additionally, our highly skilled nurses and therapists will assist you in returning to safe and independent home activities.**

(866) 634-7774

Fax: (866) 878-0094

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If you answered yes to any of the above impairments, please call **Nightingale at 781-834-7761**. We will be happy to discuss enrollment in Nightingale's Home Cardiac Rehab program.

[www.HomeCareForYou.com](http://www.HomeCareForYou.com)



Parent Company:

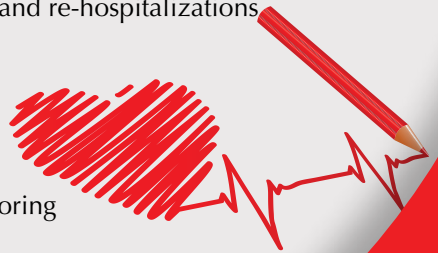


## *Nightingale's Home Cardiac Rehab program:*

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- Participation can reduce emergent care and re-hospitalizations
- It will improve your activity level!

## *Our services include:*

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- A comprehensive home safety evaluation
- A medication review for adherence and interaction
- A comprehensive cardiac assessment with mobility
- An individualized cardiac exercise program, per your physician's direction



**The Nightingale Visiting Nurses Home Cardiac Rehab program provides state-of-the-art vital signs monitoring through our HomeMed Monitoring System. Additionally, our highly skilled nurses and therapists will assist you in returning to safe and independent home activities.**

**(781) 834-7761**

**Fax: (866) 878-0094**

**[www.HomeCareForYou.com](http://www.HomeCareForYou.com)**



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