



Affiliate Companies:

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METOPROLOL

Brand names: Lopressor®, Toprol XL®

What is this medication used for?

Metoprolol is in a class of drugs called beta-blockers. Beta-blockers are used to lower blood pressure, treat angina (chest pain) and heart failure, and reduce the risk for heart attacks.

How should I take this medication?

Metoprolol is available as an immediate-acting oral tablet and a long-acting oral tablet. Dosing will vary based on dosage form and diagnosis for each patient.

Immediate-acting tablets should be taken with food.

Long-acting tablets may be taken with or without food.

Take metoprolol exactly as directed by your physician, at the same time each day.

If you miss a dose, take it as soon as you remember. If it is almost time for your next dose, skip the missed dose and wait until your next regularly scheduled dose. Do not take extra medicine to make up for the missed dose.

Do not take any new medication (prescription or over-the-counter) without checking with your doctor or pharmacist first.

What are the side effects of this medication?

- Drowsiness
- Dizziness
- Decreased interest in sexual intercourse
- Diarrhea or constipation
- Dry mouth

Other side effects not listed may also occur. Check with your physician if you notice any other effects.

Contact your doctor immediately if you experience any of the following:

- Chest pain or discomfort
- Extreme dizziness and/or lightheadedness
- Bradycardia (slower than normal heart rate)
- Hypotension (low blood pressure)
- Shortness of breath
- Swelling or weight gain
- Extreme tiredness or weakness
- Symptoms of an allergic reaction such as: hives, itching, swelling of the face, wheezing, difficulty breathing or swallowing.

Special Instructions:

Metoprolol may worsen the symptoms of heart failure in some patients. If you have chest pain, swelling, extreme fatigue, irregular heartbeat or shortness of breath, contact your doctor immediately.

Metoprolol may cause light-headedness and dizziness, especially upon sitting up or standing. Get up slowly! Make sure that you monitor your blood pressure while taking metoprolol and talk to your doctor if these effects occur.

If you are being treated for high blood pressure, keep using metoprolol even if you feel well.

Treatment for your high blood pressure or heart failure may include weight control and changes in the types of foods you eat, especially foods high in sodium. You should check with your doctor before changing your diet.

Metoprolol may affect blood sugar levels. It may cover up symptoms of low blood sugar, such as rapid pulse. If you notice a change in the results of your blood or urine sugar tests, or if you have any questions, check with your doctor .

This information is only a summary. Please contact your healthcare professional for additional information about this medication.